



SAINT TEN

HOTEL BELGRADE

Enjoy and relax in specially created massages and treatments.

Massage menu

Magic Back massage 45min

40 EUR

Stimulate and relax your back muscles. This holistic massage assists in stimulating the flow of your life energy through three stages – lying on your stomach, back and finally in a sitting position. Therapeutical gel vitalizes your back, while clay pillows calm your stressed muscles.

Feet on Clouds massage 75 min

50 EUR

It is time for a full body balance. Feet reflexology helps detoxify your whole body. After pilling, dive your feet in a refreshing citrus bath, following a specially created mask. While your feet are relaxing, masseuse will gently stretch your wrists and ankles and then dedicate to massaging your feet. You will definitely walk on clouds after this unique massage.

Face Relaxation massage 60min

60 EUR

Rejuvenate your face. This magic face treatment will devote to harmonizing your whole body through your face, head, neck and sculp. By using acupressure and energy meridians, masseuse will thoroughly caress the stress away from your face. For an exclusive ending, you will choose a luxurious face mask.

Forever Body massage 60min/90min

50/60 EUR

Pamper your entire body. Detailed and deep massage, will regenerate and surely relax the temple your body deserves to be. This massage is done with unique candles and their warm oils that will nourish you from the soles on your feet to the crown on your head. Lose the stress and give in to pure bliss.

Good Morning massage 45min

45 EUR

Start your day on the right note. Intensive deep strokes, combined with stretching will provide energy to your body. After this massage you will be fully ready for your planned daily activities.

Pantha Rei Lymph treatment 90min

75 EUR

Eliminate stress and puffiness. This wellness treatment will free you of feelings of anxiety and detoxify your body. Prior to the treatment, you will spend ten minutes in our unique sauna. Essential oils are used for massaging excess fluids away. Take pride in your new tight skin.

Shiatsu treatment 90min**75 EUR**

Harmonize the energy of your body, mind and soul. Through this Japanese ritual, your life energy will flow and stimulate your own body's healing powers. We recommend you spend ten minutes in our sauna prior to the treatment to start detoxing your body on the right note. Gentle stretching and joint rotation will assure flexibility and stress relief.

Himalayan Salt Stone massage 90min**90 EUR**

Experience the deepest relaxation. Himalayan salt stone technique is one of the surest paths to tranquility. Hot stones, made entirely of Himalayan salts are used for massaging your entire body. Heat of the stones and the right amount of pressure soften and relax muscles. Detoxify your body and start fresh.

Tibetan Sounds massage 60min**90 EUR**

Indulge in new experiences and one of a kind treatment. Masseur uses seven handmade Tibetan bowls. This sound massage sends vibrating pleasures to all seven chakras of your body. Now is the perfect time for you to harmonize your body and soul. This will be a wellness journey you will never forget.

Beauty treatments 90 min**70 EUR**

Specially made body scrubs will reenergize and revitalize your body. We recommend combining these treatments with our sauna for a full experience. There are four different treatments:

- **Mango**
- **Papaya & Guava**
- **Chocolate & Cranberry**
- **Coconut & Vanilla**